



Interior Design Tips – CREATE A SUSTAINABLE HAVEN

with Nidhi Jain, Member of the Club since December 2021

My husband, Anant and I joined the British Club in December 2021. During that time, we had just come out of Covid-19 restrictions and were really looking forward to joining a Club that is private and have excellent facilities in terms of sports and social events, a place which was close to nature where we could completely unwind as a family, especially on weekend activities with kids and end the day off with a sumptuous meal.

While we knew that the British Club was the place we would want to explore, we were completely in awe of the Club after our introductory tour.

Anant and I loved the fact that the simple humble structure was taking in all the natural beauty of the tropics inside it, and it was a beautiful mix of the old and the new world.

Anant and I are parents of two gorgeous girls who are 10 and 5 years old. My husband is in the Banking Industry and travels a

fair bit. With a busy home life and a growing interior and architecture design business which is my third and eldest child (11 years), it leaves me little time for anything else. I love my daily fitness regime; it keeps me sane and gives me the mental and physical strength to take on the challenges of each day.

My work is my passion! I have worked in India for 5 years before I moved to Singapore in 2010. We love to design and make the best use of spaces, be it commercial or residential.

With sustainability being very close to my heart, it is thus reflected in our designs as well.

We are always conscious of the environment around us and love to work with recycled and natural materials while not compromising on comfort and utilisation of space. As our forte is designing restaurants, boutique hotels and homes, we have been lucky that some of our works have been awarded and featured in top magazines in Singapore and India.



With that, I would like to take this opportunity to share some DIY tips on interior designing with you!

1. Infuse character into your home

Home is a place which shows you and your unique personality. Embracing a blend of styles, furniture, and accessories imparts a soulful and captivating aura to your living space. I am a big believer of eclectic style.

2. Revamp your lighting scheme

Transition to warm-tone lights, or incorporate table lamps, lanterns, and floor lamps to every room. It makes a huge difference to the overall mood of the house!

3. Add texture and colour

Whether it's a monochromatic house or not, layering your furniture with different texture will create a sudden depth to your house. One of my favourite styles is to have a heavy textured or bold coloured rug as the starting point of my design, and I will then layer all the furniture and furnishings over it.

Don't wait to fix your house at the right time, you can make your home beautiful and functional today.

We design for sustainability keeping in mind to conserve and restore precious resources. Some of the trends in interior design in this area include the following:

Use energy efficient design and architecture

Start with construction and minimise energy consumption.

Install solar panels to reduce electricity consumption. We have all seen the price of electricity jumping to a few folds in just the last couple of years across the globe. Water harvesting on your own small plot can be a great help for your plants and other basic daily requirements.

Choose furniture and appliances that have a minimal impact on the environment, promote fuel conservation, reduce CO2 emissions, and are manufactured with the future wellbeing of the next generation in mind.

Install windows and glass doors on the façade with double-glazed glass

This will reduce heat coming in and, thus, your air conditioning usage. Install ceiling fans, we don't need to blast the air conditioning constantly as we are in a tropical climate.

I know we all have a liking toward solid wood furniture, flooring, and panelling, but trust me, you can achieve the same look and strength with veneer and engineered wood, and we can save so many trees.

Support local and fair trade products, and create eco-friendly homes

This can help reduce the costs of long-distance transportation.

Retrofitting is a way to cut waste by utilising or updating existing structures. This approach brings in unique and innovative designs while also limiting expenses. Additionally, you can recycle furnishings like outdated furniture, old sofas, benches, etc., and incorporate water-saving fixtures in the kitchen and bathroom.

Explore the world of interior design with me! If you're curious about more tips and ideas, don't hesitate to contact me directly at nidhi@nidhijain.sg. I'll be more than happy to answer your questions and share my passion for interior design with you.

MEMBER'S COLUMN

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